## [logotype] DAR-SI Gabinet terapeutyczno-rehabilitacyjny [therapy and rehabilitation centre]

[stamp: "DAR-SI Hanna Chmura Gabinet Terapeutyczno-Rehabilitacyjny ul. Ciołka 35 lok. 73, 01-445 Warsaw ul. Ciołka 28 m. 26, 01-432 Warsaw NIP [tax id. no.] 527-172-38-71 Regon [statistical id. no.]: 142068752"]

WEIGHTED BLANKET is a good aid that supports and complements the therapy.

I have been using it in my practice for many years and I also recommend that some of my patients use it at home. As a physiotherapist and sensory integration therapist I recommend it (unless there are contraindications) to children with symptoms of sensory and psychophysical disorders, problems with concentration, ADHD Asperger's syndrome and autism.

Sensory blanket as a therapeutic aid provides stimulation of the proprioceptive system, calms down, reduces the number of self-stimulating behaviours and improves the child's concentration and body awareness.

However, it should be remembered, that in order for the weighted blanket to be an effective aid in therapy, it has to be adapted to the weight and height of the patient. I recommend it as a specialist.

[partly illegible stamp and handwritten signature] Hanna Chmura Physiotherapist Sensory Integration Therapist

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I certify the conformity of the above translation with a scan of a document in the Polish language. Tomasz Ratajczyk, sworn translator of the English language, entered into the list of sworn translators kept by the Minister of Justice under the number TP/83/15.

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