Warsaw, 18<sup>th</sup> January 2019

## **RECOMMENDATION**

In my work as a sensory integration therapist I often come across children with:

- increased or decreased stimuli sensitivity,
- problems with concentration,
- reduced level of motor coordination and
- *abnormal levels of physical activity (excessive or limited).*

Weighted blanket is one of the ways to help my patients. It helps children to calm down after a full day of excitement and to stimulate their proprioceptive system which is responsible for the deep feeling (i.e. the sense of orientation of the body's position).

The quality and precision of manufacture of these blankets is very important. Joanna Goliszek sews weighted blankets from high quality fabrics and with care in fulfilling all the requirements specified in the order.

I recommend blankets sewn by Joanna.

Sensory Integration Therapist Mirosława Lewandowska

## Sensory Integration International

No. 148503

I certify the conformity of the above translation with a document in a digital format in the Polish language. Tomasz Ratajczyk, sworn translator of the English language, entered into the list of sworn translators kept by the Minister of Justice under the number TP/83/15.

Repertory number: 26/2019

Wrocław Poland, 23<sup>rd</sup> January 2019



